# Fit for the Future The 10 Year Health Plan for England



# Summary

- The Ten Year Health Plan sets out a bold, ambitious and necessary new course for the NHS.
- It seizes the opportunities provided by new technology, medicines, and innovation to deliver better care for all patients no matter where they live or how much they earn and better value for taxpayers.
- We are fundamentally reinventing our approach to healthcare, so that we can guarantee the NHS will be there for all who need it for generations to come.
- Through our three shifts from hospital to community, from analogue to digital, and from treatment to prevention – we will personalise care, give more power to patients, and ensure that the best of the NHS is available to all.

# What we heard

## GETTING THE CARE YOU NEED

#### People told us:

- Access to GP and dental care is a struggle.
- Waits for ambulances, A&E and essential treatment are too long.

## The 10 Year Health Plan delivers:

- An end to the 8am phone queue - with thousands more GPs and a transformed NHS app.
- Better dental access with new dentists to serve NHS patients first.
- Faster emergency care allowing pre-booking through the NHS App or 111.
- Care closer to home through a new
   Neighbourhood Health Service.

#### **SEAMLESS HEALTHCARE**

### People told us:

- They have to repeat their medical history too often and travel extensively between appointments.
- NHS departments operate in isolation rather than as a coordinated service.

## The 10 Year Health Plan delivers:

- A single patient record giving people control while ensuring every healthcare professional has their complete information.
- Care built around people via integrated healthcare teams working together in communities.

#### **FIXING THE BASICS**

#### People told us:

NHS systems are outdated, inefficient and time consuming.

## The 10 Year Health Plan sets out how we will:

- Upgrade IT so staff spend more time with patients.
- Enable appointment booking and health management on the NHS App.
- Ensure systems talk to each other.

#### **SICKNESS TO PREVENTION**

#### People told us:

The NHS should focus more on preventing illness and addressing the causes of poor health. More support is needed for mental health and healthy lifestyles.

## The 10 Year Health Plan sets out how we will:

- Invest in local health services with personalised care.
- Expand school mental health support.
- Increase access to free and healthier school meals.
- Create the first smoke-free generation.
- Improve the healthiness of food sales.
- Use scientific breakthroughs to develop gene-tailored preventative treatments.
- Invest in life-saving vaccine research.

#### **GREAT PLACE TO WORK**

#### People told us:

NHS staff are overworked, undervalued, and burdened by bureaucracy.

## The 10 Year Health Plan sets out how we will:

- Set new standards for flexible, modern NHS employment.
- Expand training with 2,000 more nursing apprenticeships and 1,000 postgraduate posts.
- Cut unnecessary mandatory training.
- Empower local leadership and reduce top-down micromanagement.
- Digitise records and use Al to reduce admin burden.

## **Overview and Core Shifts**

## Vision:

A bold and necessary new course for the NHS, leveraging technology, medicines, and innovation to deliver better care for all and ensure the NHS is sustainable for future generations.

## Three Big Shifts:

The plan is built upon three fundamental shifts to personalise care, empower patients, and ensure equitable access:

## From Hospital to Community:

Shifting care closer to home through neighbourhood health services, easier GP appointments, and better dental care.

From Analogue to Digital: Creating a seamless healthcare experience with a unified patient record, Al-enhanced services, and the NHS App as the primary digital front door.

#### From Sickness to Prevention:

Focusing on preventing illness, addressing causes of poor health, and investing in mental health and healthy lifestyles.

# **Enhancing Access and Seamless Care**

# Improved GP and Dental Access:

 Ending the 8 am phone queue with more GPs and a transformed NHS app, alongside new dentists prioritized for NHS patients.

# Faster Emergency Care:

 Allowing prebooking through the NHS App or 111 for urgent and emergency care.

## Integrated Care:

 Implementing a single patient record to ensure all healthcare professionals have complete patient information and building care around people via integrated healthcare teams in communities.

## Neighbourhood Health Service:

Introducing a GP-led
 Neighbourhood
 Health Service
 with
 multidisciplinary
 teams,
 neighbourhood
 health centres in
 every community,
 and increased
 pharmacy
 services.

# **Digital Transformation and Prevention Initiatives**



NHS App as the Front Door: The NHS App will be transformed to manage medicines, prescriptions, vaccine status, children's health, and provide 24/7 Al-enabled advice and appointment booking.



Digital Liberation for Staff: Upgrading IT systems, introducing single sign-on, and deploying Al administrative and diagnostic tools to reduce administrative burden and free up staff time for patient care.



Prioritising Prevention: Investing in local health services, expanding school mental health support, increasing access to healthier school meals, creating the first smoke-free generation, and using scientific breakthroughs for preventative treatments and vaccine research.



HealthStore: Building a "HealthStore" to provide patients access to approved health apps for managing conditions.

# **Workforce and Operating Model Reforms**

**Modernising the Workforce:** Setting new standards for flexible, modern NHS employment, expanding training (including 2,000 more nursing apprenticeships), and reducing unnecessary mandatory training.

**Empowering Local Leadership:** Reducing top-down micromanagement and streamlining the NHS operating model to empower local providers with greater autonomy and flexibility.

**Outcome-Based Funding:** Moving to a system where financial incentives are aligned with delivering the best outcomes, with resources tied to outcome-based targets and a focus on investing more in primary and community services.

**Transparency and Quality:** Ushering in a new era of transparency by publishing easy-to-understand league tables ranking providers on quality, improving response times to patient safety incidents, and strengthening accountability for high-quality care.

# Delivery approach: immediate priorities

## **Neighbourhood Health**

- Design model inc. contracts, payment reform and financial flows, workforce, digital and estates specifications
- Select 42 Places for the National Neighbourhood Implementation Programme

## Financial foundations and medium term planning

- Publish new three-year planning framework in October
- Work on reform of block payments and development of a neighbourhood tariff
- Delivery Model Region and ICB clustering arrangements

## **NHS App and Single Patient Record**

- Launch user and supplier engagement and complete business cases for 2026 procurement by the end of Dec 2025
- Agree and publish a national usage and implementation policy

## Quality

- Revamp National Quality Board and agree new quality strategy
- Develop modern service frameworks for CVD, mental health, sepsis and cancer
- Publish league tables inc. quality
- Roll out Maternity Outcomes Signal System (MOSS)

## Oversight, Model FT and Model IHO

- Launch performance segmentation, public league tables and national improvement offer
- Finalise and publish the revised Foundation Trust licensing model
- Early scoping of the Integrated Health Organisation model

#### Workforce

- Develop and publish new 10-year workforce plan
- Publish nursing and midwifery strategy for England
- Improve staff and student/trainee experience, and manage risks around industrial action
- Align workforce, service and finance planning in the MTP